

GREEN'S MARTIAL ARTS CENTER
Class Schedule

Effective
3-19-2012

Class	MON	TUES	WED	THUR	FRI	SAT	<u>Guidelines and Legend</u>	
	A	A	B	B		A/B		
Tiny Dragons	5:00	3:00	5:00	3:00			A Days – Kata's (Forms) are the focus of the class B Days – Self Defense Drills, kata applications, kicking drills, BBT and MTC must have sparring gear <u>Students are Expected to:</u> 1. Attend class on a regular and consistent basis, at least 2 times/ week. 2. Students must attend their assigned class(es). 3. Arrive 5-10 minutes early for your scheduled class. 4. <u>Get picked up immediately after scheduled class</u> (we do not baby-sit). 5. Do not disturb classes in session. 6. BBTC and MTC bring your sparring gear to class <u>every</u> Wednesday and Thursday. 7. Adults/Teens-sparring on the odd numbered weeks in the month. i.e. 1,3 are odd weeks. 8. Pull attendance card on entering the dojo and warm-up or sit quietly on the side. 9. Keep uniforms and equipment neat, clean and odor free. 10. Give 100% effort every time you come to class. 11. Kid's - Memorize and apply the Student Creed.	
Power Kids	4:00	5:45	4:00	5:45		9:00		
Lil Dragons	4:30	6:15	4:30	6:15		9:30		
KARATE KIDS								
Basic Training	5:45	4:45	5:45	4:45		10:45		
Black Belt Training Gold – Blue Belts	6:15	4:00	6:15	4:00		10:00		
Black Belt Training Green – Black Belt	5:00	6:45	5:00	6:45		10:00		
Masters Training Weapons Beginner		5:15	7:00					
Masters Training Weapons Advanced	7:00			5:15				
Jr. Black Belt Class		7:30						
ADULTS AND TEENS								
Adult Day Class-All Belt Ranks		12 :00		12:00		9:30-11		
Teen White-Purple Belts	6:15		6:15			Open		
Teen Blue-Black Belts	7:00		6:15			Training		
Adult White-Purple Belts		6:15		6:15		All		
Adult Blue-Black Belts		7:00		6:15		Ranks		
Sparring – All BBT & MT Students				7:00				
Weapons Class		11:15	7:00					
Black Belt Class						8:30-9:30		

827-KICK

DEDICATED TO YOUR SUCCESS!